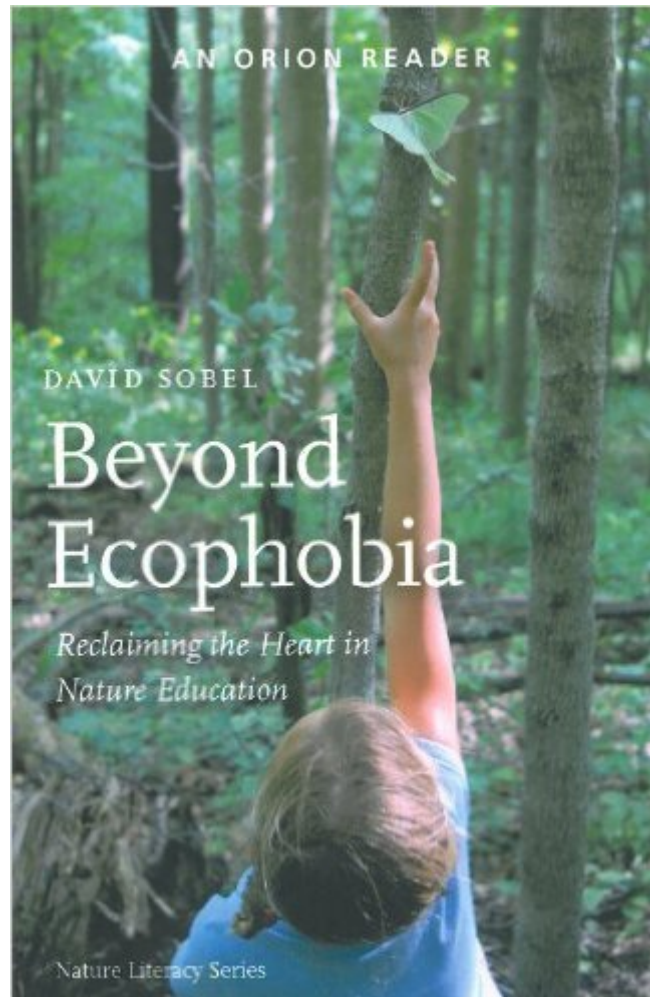


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# Beyond Ecophobia: Reclaiming The Heart In Nature Education (Nature Literacy Series, Vol. 1)



## Synopsis

Beyond Ecophobia speaks to teachers, parents, and others interested in nurturing in children the ability to understand and care deeply for nature from an early age. This expanded version of one of Orion's most popular articles includes descriptions of developmentally appropriate environmental education activities and a list of related children's books.

## Book Information

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## Customer Reviews

This is a short little book, but has a powerful message. Children need to experience our environment first hand in order to appreciate it. Once they learn to appreciate it, they will want to preserve it. Plus kids do not get enough outdoor time these days. It also provides excellent reference of books for all aged children on the environment. A must read for teachers and anyone who has an impact on our youth and environment, which should be everyone.

I have worked with youth as an environmental educator, horticultural therapist, and counselor. I've done quite a bit of reading by authors from various disciplines, and I believe that this book is truly one-of-a-kind. Sobel's developmental theory is sound, and his writing is clear and concise. I have encouraged many of my colleagues to read it, and I feel that it is becoming well-known among environmental educators. This book has the potential to make an excellent contribution to educators and therapists, especially for those of us striving to connect children with the environment. Parents and families would also benefit from this book, as it explains which types of experiences with nature

are most likely to have a positive influence on the child based on his or her developmental level. This book has been referenced by several other excellent authors, including Richard Louv (2006). Add this book to your library - you will not regret it!

It's always interesting to me to see how sanitized, isolated, and insulated people have become over the last few years. Very few children really have the chance to get out into the dirt, the trees, the ponds, or the world outside of their organized activities. This book speaks to the need for people to get back to flipping over rocks to see who lives underneath them, to walk around a pond and watch the frogs jump, or to poke around in a mud puddle and see what pops up. This is an excellent companion to "Last Child in the Woods". and "Into the Field".

I honestly had no idea what this book was going to be about and it turns out that it will be an inspiration in how I create my own classroom in the future. It also gave the epiphany that thinking outside the box in creating a classroom is possible with little to no funds!

This book is by environmental educator, David Sobel. He spells out the "tidy" ways that teachers teach environmental education which sometimes develops "ecophobia" or a fear of nature in our students. He discusses the importance of "initiating experiences in nature" for students, age 5-12 years. This book both confirmed my beliefs and changed the way I teach science. It is a quick read and you won't want to put it down. It is a gift I have given all my teacher friends.

I love LOVE this book. Being outdoors is a simple pleasure. This book hammers the point home- where as I changed my backyard around to meet my children's outdoor needs. Outdoor play enhances child development. Children can label, classify and experiment with the elements of nature. The wonderment simply never ends. I see nature as one of a child's sixth sense. I've been a supporter of Biophilia (which is the love of the outdoors) for years and I make efforts to provide natural play areas in my own back yard. My older son is a Mud King and my younger child is the mud prince. Everyday, all year round, you can find my boys sloshing, digging and creating in their custom mud pit. Ah, the life of a child...Adventures in nature peaks enthusiasms and joy -- so let kids get down and dirty where they learn, live and play. Watch the video [...] Kimberley Clayton Blaine, MA, MFT Founder, [...] Author, Mommy Confidence: 8 Easy Steps to Reclaiming Balance, Motivation, and Your Inner Diva

David Sobel is a must-read author for those interested in environmental education. *Beyond Ecophobia* is short, easy to read, and crammed full of valuable insight regarding the shortcomings of the current educational system and various ways to fix it!

Awesome book. Great environmental education class guide. Highly recommend

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